

RESILIENCE READY

INSPIRING TEAM RESILIENCE



Partnership

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As a leader, how can you inspire resilience within your team? Bring your team together to talk about their concerns, work through the challenges, and strengthen resilience for the future.

The discussion questions for each of the five Resilience Principles (Perspective, Purpose, Perseverance, Partnership, Praise) will guide you in holding these conversations. Team members need to feel that they're not alone and trust that together, you can make it through the chaos. You, as their leader, are key to building a team that is Resilience Ready.

Engaging Your Team

Here are some ideas for how to engage your team in these discussions:

- Introduce these Inspiring Resilience discussions as an opportunity to share concerns and ideas as you work together through a crisis.
- Gather the team a couple of times a week for these Inspiring Resilience discussions. (You also may have more frequent wellness check-ins during the week.)
- Select one resilience principle for each session; however, don't push to finish a topic in one session. People need time to process and to relay their emotions and thoughts.
- The team may want to set some ground rules that keep your sessions productive and resourceful.
- Rotate the discussion leader role to different members of the team.
- Give people the opportunity to pass if they prefer not to share on a particular question.
- Schedule one-on-one conversations so that you are attentive to individual needs.

Discussion Questions: Resilience Ready Principle #4 Partnership

Partnership results from the humanity that leaders have the privilege of practicing not only in a crisis, but every single day. Your greatest opportunity in building partnerships is a genuine focus on supporting others in achieving their greatest potential.

1. **How are things going for you with our current work arrangement? What questions or concerns can I help with?**
2. **What do you most need from me right now? Are there ways I can better support you personally and our team during this time?**
3. **What ideas do you have that can help us better support our customers? Each other?**
4. **What solutions are you finding have helped you transition to our new work arrangements that may help others?**
5. **In what ways can we as a team give back to the community?**

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<https://ResilienceReady.today>